

BEFORE YOUR SPRAY TAN

Shower, shave, and exfoliate 8–12 hours before session. Pay extra attention to dry areas such as elbows, knees, and feet.

Do not apply any deodorant, makeup, or lotion prior to your session. This can affect your tan development.

Wear dark, loose fitting clothes and flip-flops.

If you wax, please do so 24 hours prior to any spray tanning session.

Remove contact lenses and jewelry.

AFTER YOUR SPRAY TAN APPOINTMENT

Make sure skin is dry prior to getting dressed.

Do not wear tight fitting clothing

Wait between 6 and 12 hours to shower or exercise. You must allow time for the solution to react with the amino acids in your skin. The cosmetic bronzer will wash off in the first shower. This is normal and is not your tan.

Avoid anything else that may cause you to perspire or get wet.

Apply a DHA tan extending lotion such as Aviva Labs Sunless Tanning Gel and Skin Glow after showering.

Moisturize twice daily. Hydrated skin retains tan longer.

Avoid products that contain alpha hydroxy acids.

Avoid harsh scrubbing and long, hot baths. Pat your skin dry.